HIGHER AND TECHNICAL INSTITUTE, MIZORAM DEPARTMENT OF SOCIAL WORK KAWMZAWL, PUKPUI, LUNGLEI – 796961

REPORT ON 10th RURAL CAMP, 2021

Submitted by: III Semester Bachelor of Social Work

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Acknowledgement

I am indebted to first express my special gratitude to Mr. Vuansanga Vanchhawng, Principal, HATIM for giving us his support for our Rural Camp and providing us of our needs.

I thank Mr.Rosangliana Khiangte, Head, Department of Social Work, HATIM for his endless enthusiasm and support for this 10th Rural Camp.

I would also like to extend my gratefulness towards Mr. R. Lallianzela, Fieldwork Coordinator for giving us guidance. He has been a great help for us during our preparations.

I also thank Mr. C. Lalhlimpuia and Ms. Rebecca LP Lalnunhlui, Camp Supervisors for being patient with us and giving us guidance whenever we need it.

Last but not the least, a sincere thanks to our classmates, the village people and the village heads for cooperating well, providing us of our needs and is never hesitant for helping.

Through this camp, we have broadened our knowledge on rural areas, on our skills and also had the chance to carry out to practice what we have learned in theories. Without all the help that we have received, this Rural Camp would not have been success.

Dated: Lunglei The 24th March, 2021 (P.C.LALRUATSANGA)
Camp Leader

AGKNOWLEDGEMENT

S. Lalramengi Headmistress BCM Comprehensive School Putlungasih

During 24th-28th February of 2021, twenty two students of BSW III Semester with two faculty members from Higher And Technical Institute of Mizoram came to Putlungasih village for Rural Camp. They worked very hard during their stay. They did their house to house survey, hiking, cleaning the streets and organised One Day Tournament for the local community. All their performances were beyond my expectations. They held a successful Rural Camp. We are very grateful to them as we observed their activities, they are good in everything they do and well disciplined.

It is quite remarkable programme for the village and themselves. I truly believe and expect that all things they experienced and whatever they did would be notable records for the village as well.

They also presented two dustbins and two wall clocks for our school with which we are very grateful to receive.

May this college be a good centre for forging good citizens to our country and the world.

GOD BLESS HATIM!

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VILLAGE COUNCIL/COURT
PUTLUNGASIH
PIN CODE 296730
No.001/PTSVC/2021 Date :28 th Feb, 2021
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Higher And Technical Institute, Mizoram (HATIM)
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The Head Department of Social Work Lunglei Higher And Technical Institute, Mizoram(HATIM) : Chibai bukna Rawngbawlpui duhtak A hmasain Putlungasih Branch YMA hmingin Chibai ka buk a che. Dt.24-28.Feb.2021, chhungin Putlungasih khawtlangte, min ngaipawimawhin 10th Rural Camp Social Work in rawn neih avang hian kan lawm tak zet a ni, Philippe Pilling of Starte Landow IV and He in hnathawh hian khawtlangah hmasawnna tamtak kan neih mai bakah;hmasawn kan la ngaihna tamtak min zirtirin min kawh hmuh ayang paw'n kan lawm tak zet ani, Social Work Department of HATIM ten en a thawhhona tha tak mai kannei thei hi kan lawm em em rualin, Inkal zelna torah Pathian hruaina in chanzel theihnan duhsakna sangtak kan inhlan nghal bawk e. Khawtlangtana In thawhpui T. VANLALREMRUATA. Secretary Young Mizo Association Branch Putlungasih article faile to the conduct Scanned by TapScanner

FORWARDING

It is my heartfelt appreciation to the Department of Social Work, HATIM for organizing the 10^{th} Rural Camp for the III Semester BSW.

The Rural Camp conducted at Putlungasih Village was indeed challenging and progressive for the Department, as the Villagers were composed of different communities such as Brus, Mizos and Chakmas. Rural Camp promotes the practice of Social Work theories into the field and assists the social work students in planning and organizing for the developmental work of both Social as well as Physical Infrastructure Development for sustainable development.

The coordination between the campers was meritorious, each of them was useful and serviceable. I strongly heed and believes that the 10^{th} Rural Camp was successful and it will enlighten and enhance the campers into accurately Social Work Perspectives.

I convey my greetings and warm wishes to the Department of Social Work, HATIM for the Department progress and the successful of the future Rural Camp.

Dated : Lunglei The 24th March, 2021 (REBECCA LP LALNUNHLUI)
Camp Supervisor

INTRODUCTION

The 10th Rural Camp organized by Department of Social Work, HATIM is a field practicum prescribed in the syllabus for Bachelor of Social Work under Mizoram University.

The camp was held for five days starting from 24th February, 2021 to 1st March, 2021 at Putlungasih, Lunglei District, Mizoram.

They were given one week for the camp preparations. The expenditures for the camp were all calculated beforehand - transportations, mess, sports, momentous, etc. As they needed the sponsorship from the NSS, they had also helped them in their service and in turn the NSS gave them dustbins which later were given to the village community. The college also gave them song books and magazines which were gifted to the village communities as well.

The campers were 22 in total along with supervisors namely Mr. C. Lalhlimpuia and Ms Rebecca L.P. Lalnunhlui. The campers were all very active and fulfilled all their duties and portfolios which are assigned for them.

Putlungasih is in Thorang assembly constituency, under Mr. Zodintluanga, MLA. It is located in the Eastern part of Lunglei district. The longitude is 22*57'31"N, the latitude 92*36'45"E. The total population is 1785, major population is Bru. There are 311 households.

The campers did several activities which include PRA, survey, hiking, games and sports. These activities had helped them in understanding the village and also helped in building rapport with the village people.

SUB COMMITTEE REPORT

The team is categorised into 07 sub committees under the leadership of camp leader and assistant leader. Each committee is assigned roles and functions in order to carry out the camp calendar to attain the rural camp objectives.

Sl. No.	Sub Committee	Names	Objectives
1.	Camp Leaders	P.C. Lalruatsanga Gabriella K. Lalremruati	To guide and assist the campers. To create opportunities when problem arises.
1.	Finance	T. Lalhualhima Lalruatfeli	To manage and keep records of the budget spent during rural camp.
2.	Mess	Lalruatpuia Lianhna T. Lalrempuii Baby K. Lalruatpuii Elemi C. Lalthanpari	To prepare and manage mess and all related matters
3.	Transport	Isak Lallawmkima H. Vanlalruatfela Lalrinhlui	To arrange transport facilities
4.	Documentation	M. Gospel Rohlupuia Lalrinthanga	To record and document all activities
5.	Report Writing	R.V.L Ruata C. Zirnuntluangi Vanlalmalsawmzuali Ralte	To keep the records and documents done during rural camp. Each member kept the records of the activities done during rural camp. To compile the data and information collected during the rural camp.
6.	Games & Sports	C. Lalruatpuia S. Lalropuia H. Vanlalmuankimi	To organise one day community sports
7.	Worship	Hunthianghlima Vanlaltanpuii Lawmsangzuali	To prepare devotion rooster To organise Sunday worship service

COMMUNITY PROFILE

Putlungasih is located under Lungsen RD Block, Lunglei District with the total population of 1785. Putlungasih village has a total number of 311 households. (Bru comprises of a greater number of the populations followed by Mizo.)

Name of community : PutlungasihName of District : Lunglei District

• Assembly constituency : Thorang Assembly Constituency

• Assembly MLA : Zodintluanga

Total Number of population : 1087
 Total No. of Male : 567
 Total No. of Female : 520
 Number of household : 232

History of the community

There were no written records so the exact time cannot be known from the community elders. Putlungasih was established in 1920 and was named "Putlungasih" in the year between 1922-1927. The village was named after Pasaltha Pu Zatlunga as he was a great and well known hunter who was really good at hunting.

ACTIVITIES

During the stay at Putlungasih, several activities were conducted such as PRA, Survey, Sports, Film show, Cleanliness drives, etc., so that good rapport can be built and that more information on the community can be collected.

1) <u>PRA</u>

PRA is a methodology of learning rural life and their environment from the rural people. 'It requires researchers / field workers to act as facilitators to help local people conduct their own analysis, plan and take action accordingly.' It is based on the principle that local people are creative and capable and can do their own investigations, analysis, and planning.

Timeline

Timeline provide the historical information of the community which involves importance events of the past recalled by local people. The information was collected from the elders and the leaders. It can also go together with community profiling.

T	IMELINE
1935 - 1940	Establishment of Pu. Tlunga Sih
1954	Baptist Chunch of Mizonam
1967	BCM Mission School
1977-78	Road Sunvey
1989	YMA
1990	Rice Go down / Electricity
1993	High SCHOOL
1994	Television
2000	MUP
2009	Bnu Baptist Chunch.
200	BHU Refugee camp / PHE
	1) Lalhunthi anghlima. 2) C. Zinnuntluangi
Pauticipants:	1) CT. Chhunga 2) Chuauhnuna Pachuau.
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Figure 01: Timeline

Findings:

Development and growth of the community can be found from timeline as establishment of certain institutions can be seen from year to year. It can be seen that education and churches are seen highly by the community.

Social Mapping

Social mapping is an option to identify households based on predefined indicators relating to socio-economic conditions. It is not drawn to scale but depicts what the local people believe to be relevant and important for them.

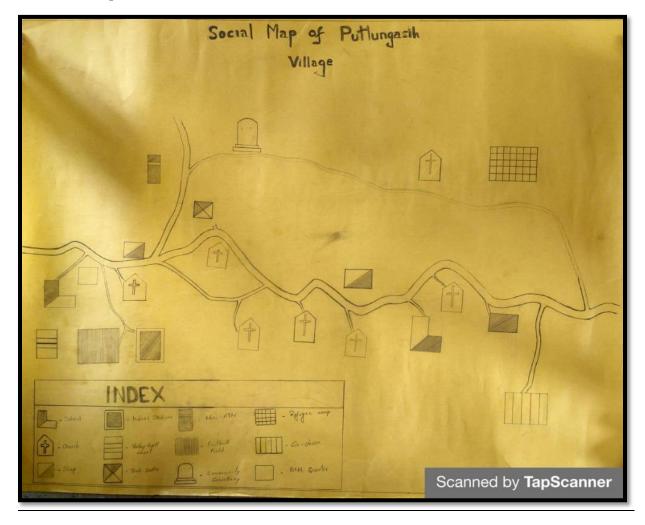


Figure 02: Social Map

Findings:

Social map helps in understanding the habitation of the local people. When looking at the social map of the community, it helps to see the places and roads of the areas and most visited areas can also be seen.

Resource and Mobility Map

A resource map is mainly drawn to present information on land, water and tree resources, land used, land and soil types, cropping pattern, land and water management, productivity, watersheds, degraded lands, treatment plan, etc.

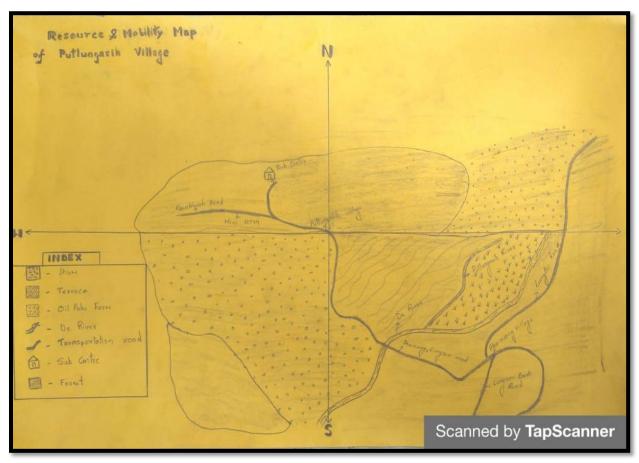


Figure 03: Resource and social mobility map

Findings:

There is an abundant supply of water; moreover, it is surrounded by a dense forest which is an important and beneficial for the livelihood of the community people. On the other hand, they lack in government offices and agencies which makes issues for the community, especially in the needs of banks and health care centers.

2) SURVEY

Objectives: To have better understanding of the village community.

Content of the questionnaire:

The survey questions consist of 11 eleven sub themes namely - family profile, family details, livelihood pattern, settlement pattern, education, health, household assets, animal rearing, community strength, community weakness and community needs.

Sample size:

The sample size for this survey is 150 household out of 232 household which is 65% of the total household.

Sampling;

Due to shortage of time, convenient sampling is employed for this survey.

Findings:

In the light of the survey, it can be clearly seen that Putlungasih village is mostly a patriarchal family and the major religion is Christianity. Their economic status is mostly BPL and their main source of income is from agriculture. Most of the village elders are illiterate but in the present condition the youths are now much fonder of education.

The health condition of the community is quite good and most of them are not enrolled in Health Care Scheme. The lifestyle of the people is quite simple and there is no much RCC buildings and valuable assets. Besides, they are more interested in poultry farming and keeping domestic animals.

Lastly, the main reason that the people of Putlungasih enjoy their community is because of their forefathers dwelt in this community, and also according to the majority of them, they had moved to this village and enjoyed it because of the mass production of vegetables and crops with good water resources.

3) SPORTS

Sports day was organised on 27th February, 2021 at Putlungasih field. 150 villagers attended this event. They were divided into 4 sections and section no. 4 was a combination of BSW students and YMA Office bearers.

Several games were played like football, volleyball (girls and boys), insuknawr (boys), sack race (children), tug of war (boys & girls). The community youth and the students had participated in this event.

During this sports event, the students of BSW and the community members had built a good rapport. Programme started at 10:30a.m. and opening ceremony was done by Rbt. Henry Kissinger with a prayer.

Sport activities are - race (2members on each section), football match (section 1& section 4),(section 2&3) final (section 1 and 2) - section 1 won, volley ball girls(section 1 &4)- Section 4 won, sack race (children), insuknawr (section 3), tug of war boys (section 1 winner) and girls (section 1 won).

There was a Prize distribution, a short speech by the VCP and vote of thanks from H.Vanlalmuankimi, sport in charge.

Purpose/objectives:

- 1. To build a good rapport among the community members.
- 2. To build unity among the community members.
- 3. To observe their fitness and health of the youth through sport.

There was process meeting with the key leaders to call together the community people. Organizing different kinds of Sport Outcome, through this we can observe that the unity among the community are better because of a kind and gentle interaction through sports.

4) FILM SHOW

Movie night was held at 26thFebruary 2021 at B.C.M hall. Name of movie was 'SCOOTY' (Mizo romantic comedy movie). Around 30 people (Thirty, excluding the campers) were attending the show. Light refreshment was served. Most of the attendees were children between 7-17 years of age.

The main objective for this film show was for enjoyment and rapport building. So, the movie was light and easy to understand. It was comedic as well.

Finding:

The community is mostly farmers and daily workers, they spend the day working and then using their night time for resting. So, most of the community members were unable to participate and it is not up to the mark. There was no system fail and the programme went well. The programme was successful.

5) CLEANLINESS DRIVE

There was a sanitation campaign on Saturday morning (i.e., 27th February, 2021) which was sponsored by the NSS. The main aim of the campaign was to let them be aware of their health and cleanliness. Dustbin had been distributed to the BBC, BBC Emanuel, BCM and, BCM Comprehensive School which was given by the camp leaders.

CASE STUDIES

a) YMA

Profile of YMA Putlungasih:

- Year of establishment 1989
- Member 250(divided into three sections)
- Executive member 39(every section leader)
- Office Bearer 6(1 term each)
- Kumpuan : Intodelh (Annual theme)

Initiatives:

- Thlanmual fee khawn (cemetery fee)
- VC & YMA hnatlang (joint community service)
- Upgradation and buying of YMA property
- Zu check (Control measures for alcohol)

Plan:

- Upgradation and buying of public announcement system (2 pieces)
- Upgration of Sound system
- Kuangzawnna neih (Coffin box carrier)
- Lui dung humhlah (Protection of rivers and aquatic life)
 YMA Putlungasih do not have their own hall and are using the village council's house to

YMA Putlungasih do not have their own hall and are using the village council's house to keep their properties.

b) CHURCH

Profile of BCM

- Year of establishment: 2009
- Member : 60
- UPA − 3
- Church deacons (Rawngbawltu) 2
- Missionary 2
- 12 Household

$Church\ FOD - 1(BKHP)$

- 12 household
- 12 members

Sunday School

- Children department
- Adult department

Because they are less in number they could not have different department so they are separated into 2 departments i.e. Children and Adult department.

Church target

- Present target 90000(achieved)
- New Target 80000

Since they are less in number they could not have the same activities as the other church could. So they didn't have much information to collect.

Profile of Bru Baptist Church

Profile

- Estd: 1953Member: 512
- Upa: 6Rbt: 7
- Baptised: 380
- Sunday school: 9 departments, 309 members

Church FOD

- Kristian JaiDol (KJD) 90(Like TKP)
- Kristian ChriDol (KCD) 140 (LIKE knp)
- BruBruiDol (BBD) 90 (like BKHP)
- Baptist ChlaDol (BCD) 30 (BMP)

Activities

- Community Sanitation Drive (khawtlang tihfai) once a year
- Participation in disaster as community

Church activities during covid19

- Preaching words of God through Public Announcement (PA) system
- Church Target 500000
- Area Congregation meet once a year

Immanuel Church

- Estd 1999
- Member 210
- Upa − 6
- Rbt − 5
- Missionary 2
- Female 103
- Male 107
- Sunday school member 97
 Department 8

Church FOD – 3

- Kristian Jai Dol (KJD) 40(similar to TKP)
- Kristian Chri Dol (KCD) 62 (similar to KNP)
- Bru Brui Dol (BBD) 26(similar to BKHP)

Activities

- Compound cleaning
- Insukhnatlang for community
- Kobasah

Church activities during Covid - 19

- Home visit
- Preaching words of God to the community people.

UPC (North East)

- UPC (NE) was established on 1998
- There are 67 (sixty-seven) members. (F-32, M-35)
- Church elders 03.
- Rawngbawltu 03.
- Missionary 01.

Salvation Army

- Salvation Army was established on 2017
- There are 72 (seventy-two) members. (F-26, M-46).
- Local officers 06.

c) HEALTH

Had an interaction with the local nurse the trainee can observed the health condition of the village.

The main problems of the local have skin diseases and cancer.

- 1) Summer: Typhoid, Malaria
- 2) Rainy: Skin diseases, malaria
- 3) Winter: Skin diseases and Stomach Ulcer

In the village witchcraft are still being practice but majority of the people went to the pharmacy for medication.

Some of the local medicines are-

- 1) Fartuahpil- Pumna
- 2) Aieng- Pumna
- 3) Japan Hlo- wound
- 4) Neem- Chicken pox
- 5) Phelsep- Ruhtliakzawmna.

In the local there are two nurses of different denomination from BCM and Presbyterian. The trainee could not meet the ASHA as the ASHA went to Lunglei.

From the activities and time spent, time was managed according to the routine which was set. From the time management, all the camper was punctual as expect.

Strength of the community

1) Regular water supply:

Putlungasih has regular water supply and sometimes even get water supply twice a day.

2) Mass production of vegetables and crops:

Putlungasih is one with the village which got mass production of crops and vegetables. Even during survey, when the community people were being questioned why they moved from their previous place to Putlungasih, most of them said that it was because it was easier to get vegetables and make a living out of them.

Weakness of the community

1) Resource management:

They had the resources they need but they do not know how to manage them. They have regular water supply but they do not know how to or how important it is to conserve them. One could see children playing with water and sometimes even see the water overflowing. They have dustbins, but just a few care to throw them inside the bin. Majority of the wastes were lying on the ground, some even near the dustbins.

2) <u>Cleanliness</u>:

As mentioned above, there were lots of wastes to be seen. Their pet animals are on loose, so there were also lots of dungs to see as well.

3) They are not aware of their own needs:

From the survey observation, when the community people were asked what their felt needs were for the community, only few were able to answer the question. But majority of them were not aware of it.

4) Lack of brotherhood:

Some of the community people and the community leaders from the survey said that they had a lack of sense of brotherhood or unity. Fights had broken out once in awhile and they feel hesitant to deal with one another.

Possible Social Work Intervention

a) Group Work:

Group work is suggested because as mentioned above, they do not have a sense of unity. Through group work, they can sort out their problems and learn to understand each other with the help of a group worker. This will also enable them to help one another in the problems and learn how to deal with their problems.

b) Awareness Campaign:

Conducting awareness programme is suggested to the public on the basis of resource management as mentioned before, they have the resources they need but it is not managed well. So Awareness Campaign is deemed necessary for it, as well as for cleanliness.

Conclusion

The campers had a transact walk, Survey and Sanitation Campaign. From the observations that they had from these, they had seen how they have the resources that they need, but they do not how to manage them well. They have dustbins, but lots of waste was thrown away near them. Although some places were clean, majority of it was not. From the transact walk and survey, they also got to see different types of houses and their ways of living.

Activities like hiking, sports and church activities were also held. From these they had built rapport with the village communities and also building stronger rapport among the campers themselves learning how to communicate and cooperate with one another.

They were able to conduct PRA with the help of the YMA members and also went to several community and church leaders for case studies.

From this rural camp, not only did they learn new things about the community but also had learning and improvements among themselves. Each of the campers had their own responsibilities and even if it was their first time doing most things, they had learned how to take responsibilities and also is quick to help one another which is important part of group work as it is necessary to have good cooperation.

Rural camp is where there is chance to practice what has been learnt in theory. In many ways, they learned that they still lack in many things on how to conduct activities and how to communicate as well as recording. But with the assistance from the supervisors and campers themselves, they were able to complete the planned activities and also gifted song books and magazines before they depart.

Calendar for 10th Rural Camp, 2021 Duration: 24th February -1st March, 2021 Place: Putlungasih, Lunglei Disrict, Lunglei

DATE	MORNING	FORENOON	AFTERNOON	EVENING	NIGHT
24/03/ 2021 (Wednesday)	-	Departure from College	Reached Putlungasih	Transect Walk (PRA)	Meeting with Community Leaders
25/03/2021 (Thursday)			rvey		PRA
26/03/2021 (Friday)	PRA		Hiking		Film Show
27/03/2021 (Saturday)	Cleanliness Drive (NSS) & Case studies		Sports		Report Writing
28/03/2021 (Sunday)	-	Church Service		Case studies	Farewell/Bonfire
01/04/2021 (Monday)	Survey/PRA	Return to College		-	

Socio-Economic Survey

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	1. Aw		2. Aih						
4.	Sum khawl dan?								
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5.	Loan in puk ngai en	n?							
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6.	Insurance in ti ngai								
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7. 'Aw' nih chuan engte nge?
3. Ei leh bar chungchang
4. In leh lo chungchang
1. Hemi veng/khua hlun I ni em? (Pi leh pu te atangin)
1. Aw 2. Aih 2
2. He khua/vengah hian eng vanga pem nge in nih?
1. Hnathawhna insawn vangin (transfer) 2. Eizawnna/hna beisei vangin
3. Khawsak bultan that duh vangin 4. A dang
3. Engtia rei nge in awm tawh?
1. Kum 05 ai reilo 2. Kum 05-10 3. Kum 10-15 4. Kum 20 ai rei
4. Khawiah nge in khawsak?
1. Mahni in 2. Inluah
5. Zirna chungchang
1. In chhungkua ah ziak leh chhiar thiamlo in awm em?
1. Aw
2. In chhungkua ah zir sang berin eng chen nge a zir?
1.HSLC hnuailam 2 HSLC 3 HSSLC 4. Graduate
5. Post Graduate 6. Post Graduate chunglam adang
3. In chhungkua ah zir hniam berin eng chen nge a zir?
1.HSLC hnuailam 2 HSLC 3 HSSLC 4. Graduate
5. Post Graduate 6. Post Graduate chunglam adang
6. Hriselna chungchang
1. In chhungkaw hriselna dinhmun a tha em?
1. Aw 2. Aih
2. Natna benvawn nei in awm em?
1. Aw 2. Aih
3. 'AW' nih chuan eng natna nge?
4. Pianphung/rilru rualbanlo in awm em?
1. Aw . 2. Aih .
5. 'Aw' nih chuan eng natna nge?
6. Healthcare scheme in hmang/inziaklut em?
1. Aw 2. Aih

7. 'Aw' nih chuan enge in hman?	
1. PMJAY 2. MSHCS	3. A dang
	Ç

7. Chhungkaw bungrua/mamawh chungchang

Sl/No	Bungrua/mamawh	Neih zat
1	In	
2	Inhmun	
3	Ram (enkawl loh/hralh tur)	
4	Leilet	
5	Huan/Lo	
6	Lirthei (4 wheeler)	
7	Lirthei (2 wheeler)	
8	Mobile phone/Smart phone	
9	Computer (desktop)/Laptop	
10	Air conditioner	
11	Television	
12	Fridge	
13	Washing machine	
14	Sofa set	
15	Room	
16	Bathroom (bual in)	
17	Toilet (ek in)	
18	Bathroom (bual in) leh toilet (ek in)inkawp	

8. Ranvulh chungchang

Sl/No	Ranvulh	Vulh zat
1	Ui	
2	Zawhte	
3	Ar	
4	Vawk	
5	Bawng	
6	Kel	
7	A dang	

•	Inveng/khua nuam I tih chhan.
0.	. In veng/khua nuam I tihloh chhan.
_	
l.	. In veng/khuain a mamawh nia I hriat te.

Photo Glossary













