

FIELD WORK REPORT

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VI Semester

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Under the Supervision of
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ACKNOWLEDGEMENT

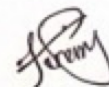
I extend my utmost gratitude to the Almighty for His guidance throughout my field work journey. It is you Lord who gave me strength and pave the necessary ways for me throughout my field work.

I would like to extend my deepest gratitude to my supervisor, Miss R. Lalfamkimi, who help me and had been the best supervisor for me, encourage me, and always ready to share knowledge throughout my field work.

I would also like to give thanks to Assistant Professor Deborah, Head, Department of Psychology. HATIM for the support and interest shown to me in my field work and to all the professor in the department for their readiness in extending help and the patience and kind attitude you all have shown towards me.

I also would like to express my appreciation to Women Anti-Drug Association (WADA), Lunglei, Mizoram Hmeichhe Insuihkawm Pawl (MHIP) DROP-IN CENTRE, Lunglei, Grace Society, Lunglei and Observation Home & Special Home, Lunglei for willingly providing me with the information I required. My heartfelt gratitude goes to everyone who helped me in my field work.

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(JEREMY C. LALFAKZUALA)

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ABOUT THE INSTITUTION

Place of Field Work: MHIP DROP-IN CENTRE

Introduction:

For the upliftment of Mizo Women in all fields and to help the needy, Mizoram HmeichheInsuihkhawmPawl(MHIP) was established in Aizawl 6th July 1974. It is one of the first statewide women federations in Mizoram. It was established mainly to address the following:

- 1) Women Empowerment
- 2) Promotion of Christian Life
- 3) To Help the Needy

Within 20 years it expanded throughout the state and as of 2015, it has members of more than 2 Lakhs. Now, it becomes one of the largest civil society organizations in the state. It occupies an important forum in almost all government undertaking public programmes and most of the government facilitated co-ordination committee.

The MHIP Sub-HqrsLunglei was established in 1.2.1975 and has its own building in VenglaiLunglei since 1996. As a Voluntary Organization its sole aim is to "Help Others" and work fervently amongst women and children for their rights, upliftment and socio-economic empowerment. Under the MHIP Sub-HqrsLunglei there are 143 branches, one block and three joint MHIP.

Under the Sub-Hqrs the organization is spearheaded by an executive committee member which has 37 members in it. Governance however is performed by an Office Bearers committee which has 6 elected members for 2 years term. Elected OB for 2022-2024 are as follows:

President: Pi Lalliangguri

Vice President: Pi Zosangi

Gen.Secretary: Pi Dr.H.Lalnunmawii

Asst.Secretary: Pi Lalthangluaii

Treasurer: Pi J.Dengthansangi

Fin.Secretary: Pi Hmangaihzuaii

Purpose and Objective:

1. Empowerment women for the development of Mizoram Society and the State to prepare them for higher authority in the government.
2. To reconstruct the status of women in the society and family; and to protect the rights of women.
3. Branches of education like – Handicrafts, looking after family regarding health, better ways of living standard for self sufficiency and to prepare them for taking part in various business and works.
4. To guide and look after children regarding their mental and health eg. Pre primary school, Aganwadi, Creches etc.
5. Recreation center for children, school for handicrafts, games, park and books for children.
6. To carry/ do the duties of women for the development of Mizo Society and the state.
7. To literate illiterate women and to provide education, to provide education for those women having financial problems and to show them their capabilities of work.
8. To unite those who are different in social status, different religion and opposite in political opinion to work for the development of Mizoram.
9. Freedom from violence.
10. To work in cooperation with government for the development of Mizoram.

The Organization annually conduct the following programmes

1. TI Amongst IDU (Funded by MSACS)
2. TI amongst Bridge Population (Migrants)
3. Family Counseling Center under Mizoram State Social Welfare Board
4. Working Girls Hostel
5. ONYX Special School (Differently abled people)
6. IEC and Awareness on Illicit Trafficking of Women
7. Campaigns against substance abuse and HIV
8. Legal Aid Clinic
9. Sevice Provider

Apart from these specific activities MHIP functions as a crisis Response System especially for women in distress, victims of violence, offence etc. Hence currently it has 80 functionaries under these projects

The supplementary effort is to focus on providing alternative. The MHIP take up AIDS project under Mizoram State AIDS Control from 2001 by opening Drop -in Center. At the beginning the projects focus on Taxi and Richshaw drivers. From 2004 it take up IDU's project the main objective of this project is to minimize and prevent the growth rate of HIV to give awareness to the peoples as much as possible, and now especially to high risk group.

The center targeted to cover 390 IDU's.

The project today focuses on the high risk group of IDU's. It take up SNEP programme, Condom distribution, IEC materials and pamphlets for the prevention of the spread of AIDS. The center helps the IDU's by providing medical help, refer to the Doctor, and it also gave financial support. The moral life of the client is given importance in this project. The NGO's take up programme for the behavioral strategy is the main step in the project work.

The Organisation also work to contain the HIV/AIDS epidemic amongst migrants and their sexual partners in Lunglei district. The organization has intervened with the migrants population since 2007 only. A total number 5000 migrants are target ed on the current year. Harm reduction with one teacher and 5 supporting staffs.

The special school for spastic person run by the organization is co-facilitated by the Mizoram State social welfare advisory board as well as SCERT, Education Department. In the current year 62 differently abled under different abilities are admitted. It has a trained Principal with one teacher and 5 supporting staffs.

The working girls Hostel is 35 bedded accomodations for women who are pursuing studies or training to training to urban setting from their native rural residence.

As our environment have been facing many changes in various kinds of social life since the last quarter in structure and content.

Thereof,women overcome sufferings in their family, eventually affecting their children anf yields broken family. With the emerging needs of counseling center for women and children, family counseling center was set under MHIP Sub-HqrsLunglei. There are two counselor working under FCC and works on the following principles.

1. To Make efforts for reconciliation in the cases of separation and out of court settlement in martial cases.
2. To provide counseling in family maladjustment
3. To provide relief and to assist the unfortunate victims to be in a stable condition as usual
4. To provide counseling to every needed individual and sought a good place for their better adjustment especislly for the home less children
5. To arrange for suitable rehabilitation services for the victims and their dependents.

Employment Scheme:

- 1) Those who were employed under MHIP should not be office bearer or committee members.
- 2) All recruitment should be done through interview by the executive committee.
- 3) In case of vocation post by any of the employees, the executive committee has a power to fill up the vacant post. From the wait list drawn up while selecting the candidate through interview.



Photo no 1: Picture of MHIP Drop-In Centre



Photo no 2: Interns with the Project Manager of MHIP Drop in Centre

Place of Field Work: LUNGLEI OBSERVATION HOME

Introduction:

Lunglei Observation Home and Lunglei Special Home are Government recognized Child Care Institutions (CCIs) run by the Social Welfare Department (SWD), Govt. of Mizoram since 2008. The Home's original name - Remand Home was superseded by Observation Home and Special Home since the execution of the Juvenile Justice (Care and Protection of Children) Act, 2015. Therefore, the home is now officially known as Lunglei Observation Home and Lunglei Special Home as per the JJ Act, 2015 and is presently run by Women and Child Development, Social Welfare Department, Govt. of Mizoram.

Profile:

Lunglei Observation Home are Government certified Child Care Institutions (CCIs) registered under Section 41 of the Juvenile Justice Care and Protection of Children) Act, 2015.

i) Observation Home is established and maintained in every district for the purpose of temporary reception, care and rehabilitation of any child alleged to be in conflict with law, during the pendency of any inquiry under the JJ Act. The inquiry shall be completed within a period of four months from the date of first production of the child before Juvenile Justice Board (JB) unless the period is extended, for a maximum period of two more months.

Type of Home: Observation Home

Capacity: 25(for Boys & Girls)

Age Group.: Below 18 years

Staffing: Observation Home

1. Superintendent -1
2. Case Worker -1
3. Counsellor - 1
4. Storekeeper cum Accountant -1

5. PT Instructor - 1
6. House Mother - 1
7. Paramedical Staff - 1
8. Cook - 1
9. Helper - 1
10. House Keeper -1

Objectives:

To provide rehabilitation and social re-integration measures, to ensure proper care, protection, development and treatment of children in conflict with law by keeping in view the best interest of the child in mind.

Services provided:

- * Case Work through Individual Care Plan (ICP)
- * Counselling (individual, group, parents)
- * Medical assistance
- * Vocational training
- * Sanitation and hygiene
- * Library
- * Recreational activities.



Photo no 3: Taking picture with my groupmates at Observation Home



Photo no 4: Taking picture with staffs of Observation Home

Place of Field Work: Women Anti-Drug Association (WADA), Lunglei, Mizoram

Introduction:

Women Anti-Drug Association in short WADA was established in 1996. After the registration, it grew into a big organization and the State Government gave recognition to their activities and functions. It got its funding's from Mizoram State AIDS Control Society (MSACS) to fight HIV and Drugs among Injecting Drug Users of Lunglei and Hnahthial town. The Organization also has a Treatment-Cum-Rehabilitation Centre funded by the Ministry of Social Justice & Empowerment (MSJ&E). The Centre gives a comprehensive program with a three-stage treatment program- Detoxification, De-Addiction and Rehabilitation. It also tries to give patients a holistic care not only in terms of physical but also helps in emotional, mental and spiritual healing. If the patient is more severe than they are taken to Rehabilitation Centre for taking detox and they are kept for at least 3 month.

Missions:

As seen from the introduction we can see that one of the main task and mission of WADA is to fight HIV and Drug among Injecting Drug User of Lunglei and Hnahthial town. They assist the hospital by providing and distributing Opioid substitution therapy (OST) and syringe to the person who are enrolling in their clinic. They try to minimised the dose of drug by providing OST and also prevent the spread of HIV by syringe exchange so that they will not share the syringe with other and in that way, they prevent and control the spread of HIV in different way. They also provide free condom to the patient so that the probability of spreading HIV via sex can be minimised.

Objectives:

- 1) To control the spread of HIV.
- 2) To help the IDU patient to overcome the addiction by providing them OST.
- 3) To help the addictions to be more positive about life by giving them counselling.
- 4) They also provide free clinic so that the patient can come for free check-up.

5) To provide need based professional and therapeutic counselling to patient and their families.

TARGET GROUP:

People with any age group who are Injecting Drug User.



Photo no 5: Picture of WADA Office



Photo no 6: Interns with the Project Manager, WADA Drop in Centre

Place of field work: GRACE SOCIETY, LUNGLEI MIZORAM

Introduction:

Grace Society is a Church based Organization set up by the Mizoram Baptist Women Fellowship (MBKHP) to address the various social problems existing in the society. The organization mainly deals with the increasing problems of HIV/AIDS & Drug/Substance abuse in the community, in the field of Prevention, Intervention, Care and Support and Rehabilitation. It also deals with various women and children's issues and addresses other vulnerable areas of the society.

Mission:

- 1) To create a better, healthier and harmonious society by reducing HIV/AIDS and Drug/Substance abuse in the society.
- 2) Economic empowerment of PLWHA and drugs victims, by providing rehabilitation through skill training and Income Generating Programme.
- 3) Social and economic upliftment of destitute women.
- 4) Promoting and facilitating behavior change among those practicing high-risk behavior and people living with HIV/AIDS.

Vision/Goal: To create a better, harmonious, healthier society and improved economic condition by reducing HIV/AIDS and addiction in the community.

Objectives:

Increase awareness on HIV/AIDS and addiction among general population as well as high risk/marginalized communities, intervention to promote behavior change and harm reduction among high-risk group, providing care and support to the affected, detoxification/de-addiction and rehabilitation through skill building and capacity building to enhance service delivery.



Photo no 7: Picture of Grace Society Office



Photo no 8: Interns at the Grace Society Office

DAILY REPORT

Name: Jeremy C. Lalfakzuala

Reg No:2106626

Name of Organization: GRACE SOCIETY

Date: 5.2.2024

Activity/work done:

On 5.2.2024, for the first day of field work, I reach the place at 10:15 am. We had a conversation with the workers and we get information from the workers. After we receive instructions from the workers, I attended PE (Peer Educator) meeting, after that we had a conversation with PE workers. After that I had a meeting with Project Manager. After all activities is done, I departed at 3:30 pm.

Learning outcome:

I came to know that how Grace Society are established. I came to know that Grace Society is worked in three project that are: I) Man having Sex with Man (MSM)ii) Female Sex Workers (FSW)iii) Injecting Drug User (IDU). I came to know that what is MSM and FSW.I came to know that how the functions of PE (Peer Educator). I came to know the condition of the clients and how they treated. I came to know that they keep very essential of using Condom for safety of HIV.

DAILY REPORT

Name: Jeremy C.Lalfakzuala

Reg no:2106626

Name of Organization: LUNGLEI OBSERVATION HOME

Date:12.2.2024

Activity/work done:

On 12.2.2024, for the second day of field work, I reached the place at 9:30 am, I had a conversation with the staff and after that we took a picture of the compound and building. Since Superintendent can't come to the office, I had a discussion and conversation time with the workers, after I went around different place inside Observation home. after all activities is done, we departed at 3:00 pm.

Learning outcome:

I gain knowledge about the function of Observation Home. I came to know that Lunglei Observation Home are government certified Child Care Institutions (CCIs) registered under section 41 of the Juvenile Justice (care and protection of child) act, 2015. I came to know that the purpose of the institution is to care and rehabilitate any child alleged to be in conflict with law, during the pendency of any inquiry under the Juvenile Justice Act. The inquiry shall be complete within a period of 4(four) months. I came to know that children who are admitted shall be below 18years and the present status of children admitted are 4(four) in numbers.

DAILY REPORT

Name: Jeremy C.Lalfakzuala

Registration No:2106626

Name of Organization/Institute: WADA DROP-IN CENTRE

Date:19.2.2024

Activity/Work done

On 19.2.2024, for the third day of field work, I visited WADA DROP-IN CENTRE. I reach the place at 10:00 am, we had a conversation with Outreach worker, after that we attend the devotion. After the lunch we assisted in their work. In the afternoon we had conversation with Project manager. After all activity is done, we departed at 3:30 pm.

Learning outcome:

From WADA, I came to know the importance of Parenting style. I came to know that most of drug abuse indulged in Heroin. I came to know that The Oral Substance Therapy (OST) relieve the drug abuse. I came to know that the staff is very cooperative with the clients. I came to know that they had a syringe exchange with the clients.

DAILY REPORT

Name: Jeremy C. Lalfakzuala

Reg No:2106626

Name of organization/institution: MHIP DROP IN CENTRE

Date:27.2.2024

Activity/work done:

On 27.2.2024, for the fourth day of field work, I visited MHIP DROP-IN CENTRE, I reach the place at 10:15 am. I had a conversation with Project Manager, after that we visited Migrant Office, after we get information about Migrant Project from Project Manager we visited Family Counselling Centre. After we finished all activity, we departed at 2:30 pm.

Learning outcome:

I had a lot of learning outcome when we visited the office. First, I gain knowledge about the Centre. Secondly, I came to know that syringe exchange project and its importance for prevention of HIV/Thirdly, I came to know Family Counseling Centre and its functions. Fourthly, I came to know that there are HIV 1 and 2 and also what is syphilis and how it relates.

SUMMARY OF THE REPORT

The fieldwork I had in the Grace Society was my first experience and it was my first day of field work. On this day I had a wonderful time with the workers. Grace Society is a Church based Organization set up by the Mizoram Baptist Women Fellowship (MBKHP) to address the various social problems existing in the society. The organization mainly deals with the increasing problems of HIV/AIDS & Drug/Substance abuse in the community, in the field of Prevention, Intervention, Care and Support and Rehabilitation. It also deals with various women and children's issues and addresses other vulnerable areas of the society. There I have learnt many things about that Grace Society is worked in three project that are: i) Man having Sex with Man (MSM) ii) Female Sex Workers (FSW) iii) Injecting Drug User (IDU). From my experiences I found that the importances of syringe exchanges and other project i.e. MSM, FSW and IDU. The practically of seeing the clients is much different from I heard in a word. One important thing I had learnt was that the importance of counselling and how the clients can have benefit from counselling. I found interesting in syringe exchange and its beneficial contribution to prevent HIV/AIDS.

For the second day of field work, I visited Observation Home Lunglei, Lunglei Observation Home and Lunglei Special Home are Government recognized Child Care Institutions (CCIs) run by the Social Welfare Department (SWD), Govt. of Mizoram since 2008. The Home's original name - Remand Home was superseded by Observation Home and Special Home since the execution of the Juvenile Justice (Care and Protection of Children) Act, 2015. Therefore, the home is now officially known as Lunglei Observation Home and Lunglei Special Home as per the JJ Act, 2015 and is presently run by Women and Child Development, Social Welfare Department, Govt. of Mizoram. From there I experience the importance of parenting style and how parenting style can affect children behavior. From there I came to know the functions of Observation Home and service provided i.e. Case Work through Individual Care Plan (ICP), Counselling (individual, group, parents), Medical assistance, Vocational training, Sanitation and

hygiene, Library, Recreational activities.

For the third day of field work, I visited WADA DROP-IN Centre. Women Anti-Drug Association in short WADA was established in 1996. After the registration, it grew into a big organization and the State Government gave recognition to their activities and functions. It got its funding's from Mizoram State AIDS Control Society (MSACS) to fight HIV and Drugs among Injecting Drug Users of Lunglei and Hnahthial town. The Organization also has a Treatment-Cum-Rehabilitation Centre funded by the Ministry of Social Justice & Empowerment (MSJ&E). The Centre gives a comprehensive program with a three-stage treatment program- Detoxification, De-Addiction and Rehabilitation. It also tries to give patients a holistic care not only in terms of physical but also helps in emotional, mental and spiritual healing. If the patient is more severe than they are taken to Rehabilitation Centre for taking detox and they are kept for at least 3 months.

For last day of field work, I visited MHIP DROP-IN Centre. This day I had a wonderful time with the workers. The MHIP take up AIDS project under Mizoram State AIDS Control from 2001 by opening Drop -in Center. At the beginning the projects focus on Taxi and Rickshaw drivers. From 2004 it takes up IDU's project the main objective of this project is to minimize and prevent the growth rate of HIV to give awareness to the peoples as much as possible, and now especially to high-risk group. The center targeted to cover 390 IDU's. The project today focuses on the high-risk group of IDU's. It takes up SNEP programme, Condom distribution, IEC materials and pamphlets for the prevention of the spread of AIDS. The center helps the IDU's by providing medical help, refer to the Doctor, and it also gave financial support. The moral life of the client is given importance in this project. The NGO's take up programme for the behavioral strategy is the main step in the project work.

CONCLUSION

Grace Society, WADA Drop-in Centre, MHIP Drop-in Centre Lunglei play an important role in prevention of HIV/AIDS. The service provided by these NGO's have a positive impact on the clients even on the society. They have different mission and objectives but their main goal is to prevent HIV/AIDS. All the workers are work hard, they give their time and their potential for the betterment of clients, office and society. They had a remarkable contribution for the society and the government. On the other hand, Observation Home functions and its service provided Case Work through Individual Care Plan (ICP), Counselling (individual, group, parents), Medical, assistance, Vocational training, Sanitation and hygiene, Recreational activities etc. for Juvenile and the institute has a great contribution and impact on the society, family and even the child.