

FIELD WORK REPORT

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DEPARTMENT OF PSYCHOLOGY

HIGHER AND TECHNICAL INSTITUTION, MIZORAM

KAWMZAWL, LUNGLEI

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(C.H.RAMENGMAWIA)

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ABOUT THE INSTITUTION

Place of field work: MHIP Drop-in Centre

For the upliftment of Mizo Women in all fields and to help the needy, Mizoram Hmeichhe Insuihkhawm Pawl (MHIP) was established in Aizawl 6th July 1974. It is one of the first state wide women federations in Mizoram.

It was established mainly to address the following:

1. Women Empowerment
2. Promotion of Christian Life
3. To Help The Needy Within 20 years it expanded throughout the state and as of 2015, it has members of more than 2 Lakhs. Now, it becomes one of the largest civil society organisations in the state. It occupies an important forum in almost all government undertaking public programmes and most of the government facilitated co-ordination committee. The MHIP Sub-Hqrs Lunglei was established in 1.2.1975 and has its own building in Venglai Lunglei since 1996. As a Voluntary Organisation its sole aim is to "Help Others" and work fervently amongst women and children for their rights, upliftment and socio-economic empowerment. Under the MHIP Sub-Hqrs Lunglei there are 143 branches, one block and three joint MHIP. Under the Sub-Hqrs the organization is spearheaded by an executive committee member which has 37 members in it. Governance however is performed by an Office Bearers committee which has 6 elected members for 2 years term.

Elected OB for 2022-2024 are as follows:

President: Pi Lalliannguri

Vice President: Pi Zosangi

Gen. Secretary: Pi Dr. H.Lalnunmawii

Asst. Secretary: Pi Lalthangluaii

Treasurer: Pi J.Dengthansangi

Fin. Secretary: Pi Hmangaihzuai

PURPOSE AND OBJECTIVES OF MHIP

1. Empowerment women for the development of Mizoram Society and the State to prepare them for higher authority in the government.
2. To reconstruct the status of women in the society and family; and to protect the rights of women.
3. Branches of education like – Handicrafts, looking after family regarding health, better ways of living standard for self-sufficiency and to prepare them for taking parts in various business and works.
4. To guide and look after children regarding their mental and health eg. Pre-primary school, Aganwadi, Creches etc.
5. Recreation centre for children, school for handicrafts, games, park and books for children.
6. To carry/ do the duties of women for the development of Mizo Society and the state.
7. To literate illiterate women and to provide education, to provide education for those women having financial problems and to show them their capabilities of work.
8. To unite who are different in social status, different religion and opposite in political opinion to work for the development of Mizoram.
9. Freedom from violence.
10. To work in cooperation with government for the development of Mizoram.

The Organization annually conduct the following programmes

1. TI Amongst IDU (Funded by MSACS)
2. TI amongst Bridge Population (Migrants)
3. Family Counselling Centre under Mizoram State Social Welfare Board
4. Working Girls Hostel
5. ONYX Special School (Differently abled people)
6. IEC and Awareness on Illicit Trafficking of Women
7. 7. Campaigns against substance abuse and HIV
8. Legal Aid Clinic
9. Service Provider Apart from these specific activities MHIP functions as a crisis Response System especially for women in distress, victims of violence, offence etc. Hence, currently it has 80 functionaries under these projects The supplementary effort is to focus on providing alternative. The MHIP take up AIDS project under Mizoram State AIDS Control from 2001 by opening Drop-in Centre. At the beginning the projects focus on Taxi and Rickshaw drivers.

From 2004 it take up IDU's project the main objective of this project is to minimize and prevent the growth rate of HIV to give awareness to the peoples as much as possible, and now especially to high risk group. The centre targeted to cover 390 IDU's. The project today focuses on the high risk group of IDU's. It take up SNEP programme, Condom distribution, IEC materials and pamphlets for the prevention of the spread of AIDS. The centre helps the IDU's by providing medical help, refer to the Doctor, and it also gave financial support. The moral life of the client is given importance in this project. The NGO's take up programme for the behavioral strategy is the main step in the project work.

The Organisation also work to contain the HIV/AIDS epidemic amongst migrants and their sexual partners in Lunglei district. The organization has intervened with the migrants population since 2007 only. A total number 5000 migrants are target ed on the current year. Harm reduction with one teacher and 5 supporting staffs. The special school for spastic person run by the organization is co-facilitated by the Mizoram State social welfare advisory board as well as SCERT, Education Department. In the current year 62 differently abled under different abilities are admitted. It has a trained Principal with one teacher and 5 supporting staffs. The working girls Hostel Is 35 bedded accomodations for women who are pursuing studies or training to training to urban setting from their native rural residence. As our environment have been facing many changes in various kinds of social life since the last quarter in structure and content. Therefore, women overcome sufferings in their family, eventually affecting their children and yields broken family. With the emerging needs of counseling center for women and children, family counseling center was set under MHIP Sub-Hqrs Lunglei.

There are two counselor working under FCC and works on the following principles.

1. To Make efforts for reconciliation in the cases of separation and out of court settlement in martial cases.
2. To provide counseling in family maladjustment
3. To provide relief and to assist the unfortunate victims to be in a stable condition as usual
4. To provide counseling to every needed individual and sought a good place for their better adjustment especially for the homeless children
5. To arrange for suitable rehabilitation services for the victims and their dependents.

Place of field work: Grace Society, Lunglei

Introduction

Grace Society is a Church based Organization set up by the Mizoram Baptist Women Fellowship (MBKHP) to address the various social problems existing in the society. The organization mainly deals with the increasing problems of HIV/AIDS & Drug/Substance abuse in the community, in the field of Prevention, Intervention, Care and Support and Rehabilitation. It also deals with various women and children's issues and addresses other vulnerable areas of the society.

Mission

- 1) To create a better, healthier and harmonious society by reducing HIV/AIDS and Drug/Substance abuse in the society.
- 2) Economic empowerment of PLWHA and drugs victims, by providing rehabilitation through skill training and Income Generating Programme.
- 3) Social and economic upliftment of destitute women.
- 4) Promoting and facilitating behaviour change among those practicing high-risk behaviour and people living with HIV/AIDS. Vision/Goal: To create a better, harmonious, healthier society and improved economic condition by reducing HIV/AIDS and addiction in the community.

Objectives

Increase awareness on HIV/AIDS and addiction among general population as well as high risk/marginalized communities, intervention to promote behaviour change and harm reduction among high-risk group, providing care and support to the affected, detoxification/de-addiction and rehabilitation through skill building and capacity building to enhance service

Place of field work: Lunglei Observation Home & Special Home

1. History Lunglei Observation Home and Lunglei Special Home are Government recognized Child Care Institutions (CCIs) run by the Social Welfare Department (SWD), Govt. Of Mizoram since 2008. The Home's original name-Remand Home was superseded by Observation Home and Special Home since the execution of the Juvenile Justice (Care and Protection of Children) Act, 2015. Therefore, the home is now officially known as Lunglei Observation Home and Lunglei Special Home as per the JJ Act, 2015 and is presently run by Women and Child Development, Social Welfare Department, Govt. of Mizoram

2. Profile Lunglei Observation Home and Lunglei Special Home are Government certified Child Care Institutions (CCIs) registered under Section 41 of the Juvenile Justice (Care and Protection of Children) Act, 2015. i) Observation Home is established and maintained in every district for the purpose of temporary reception, care and rehabilitation of any child alleged to be in conflict with law, during the pendency of any inquiry under the JJ Act. The inquiry shall be completed within a period of four months from the date of first production of the child before Juvenile Justice Board (JJB) unless the period is extended, for a maximum period of two or more months.

Type of home:

Observation Home Capacity: 25 (Boys and Girls) Age

group: Below 18 years No. of children (present):

4 ii) Special Home is established for rehabilitation of those children in conflict with law who are found to have committed an offence and who are placed there by the Juvenile Justice Board (JJB) for such period not exceeding three years for providing reformatory services including education, skill development, counseling, behavior modification therapy and psychiatric support during the period of stay in the special home.

Type of Home: Special Home Capacity: 25 (Boys and Girls)

Age group: Below 18 years No. of children admitted (present): Nil

3. Staffing: Observation Home & Special Home

- Superintendent: 1
- Case worker: 1
- Counselor: 1
- Storekeeper : 1
- PT instructor: 1
- House Mother: 1

- Paramedical staff: 1
- Cook: 1
- Helper: 1
- House keeper: 1

4.Objectives

To provide rehabilitation and social re-integration measures, to ensure proper care, protection, development and treatment of children in conflict with law by keeping in view the best interest of the child in mind.

5.Services provided

Case work through Individual Care Plan (ICP)

- Counseling
- Medical assistance
- Vocational training
- Sanitation and hygiene
- Library
- Recreational activities

Introduction:

Women Anti-Drug Association in short WADA was established in 1996. After the registration, it grew into a big organization and the State Government gave recognition to their activities and functions. It got its funding's from Mizoram State AIDS Control Society (MSACS) to fight HIV and Drugs among Injecting Drug Users of Lunglei and Hnahthial town. The Organization also has a Treatment-Cum-Rehabilitation Centre funded by the Ministry of Social Justice & Empowerment (MSJ&E). The Centre gives a comprehensive program with a three-stage treatment program- Detoxification, DeAddiction and Rehabilitation. It also tries to give patients a holistic care not only in terms of physical but also helps in emotional, mental and spiritual healing. If the patient is more severe than they are taken to Rehabilitation Centre for taking detox and they are kept for at least 3 month.

Missions:

As seen from the introduction we can see that one of the main task and mission of WADA is to fight HIV and Drug among Injecting Drug User of Lunglei and Hnahthial town. They assist the hospital by providing and distributing Opioid substitution therapy (OST) and syringe to the person who are enrolling in their clinic. They try to minimised the dose of drug by providing OST and also prevent the spread of HIV by syringe exchange so that they will not share the syringe with other and in that way, they prevent and control the spread of HIV in different way. They also provide free condom to the patient so that the probability of spreading HIV via sex can be minimised.

Objectives:

- 1) To control the spread of HIV.
- 2) To help the IDU patient to overcome the addiction by providing them OST.
- 3) To help the addictions to be more positive about life by giving them counselling.
- 4) They also provide free clinic so that the patient can come for free check-up.
- 5) To provide need based professional and therapeutic counselling to patient and their families.

TARGET GROUP:

People with any age group who are Injecting Drug User

DAILY REPORT

Name: C.H.Ramengmawia

Reg no: 2106612

Place of field work: MHIP Drop-in Centre

Date: 5/2/24

Activity/Work done:

For the first day, I arrived at the place at 10:00 a.m. I was welcomed and briefed by the Project Manager. I had a friendly conversation with the Project Manager and the staff. We had a wonderful interaction and I asked questions about the institution and its related matter. After that, I also visited other departments such as Migrants Office and Family Counseling Centre.

Learning outcome:

I learned about the objectives and projects of the institution. I also learned new terms such as "FSW- Female Sex Workers", "IDU-Injecting Drug Users", and Men having Sex with Men-MSM. In the

review meeting, they also gave information regarding how the management of the clients and rehabilitation were implemented. After that they also briefed me about condom promotion and needle exchange and the processes involved.



Figure 1: MHIP Sub-Headquarters, Lunglei

DAILY REPORT

Name: C.H.Ramengmawia

Reg no: 2106612

Place of field work: Grace Society Date:

12/2/24

Activity/work done:

I arrived at 10:00 a.m. and the staff greeted me. A review meeting was held upon my arrival and they asked me to join. We had a productive interaction. I asked some questions to the staff and peer educators. I also had interaction with the Project Manager in the afternoon.

Learning outcome:

From the interaction with the staff and peer educators, I learned about the procedure and methods followed in rehabilitating "Injecting Drug Users (IDU), Female Sex Workerd (FSW) and Male having Sex with Men (MSM). I also gained insight about how needle syringe exchange and condom promotion among clients are carried out. I learned about how blood tests and spiritual nurturing programs are implemented for the improvement of clients.



Figure 2 : Grace Society.Lunglei

DAILY REPORT

Name: C. H. Ramengmawia

Reg no: 2106612

Place of field work: Observation Home

Date: 19/2/24

Activity/work done:

I arrived at the destination at 10:00 a.m. I could not start any activities early as I have to wait for

the case worker. When the case worker was available, we had a fun and productive interaction and she

provided me all the necessary informations and datas of the institution. I also had the opportunity to

observe the facilities and infrastructures of the institution and one of the staff guided me along the way.

Learning outcome:

I learned a lot at the institution and of the which was how the Juvenile Justice Act protect and safekeep the children. I had better understanding of how the children in the institution are treated with

the utmost care and love by the staff and employees in their health, education, nutrition, well-being,

spiritual life, etc. I also discovered that the children in the observation home are moved to the special

home after 4 months.



Figure 3: Observation Home,Lunglei

DAILY REPORT

Name: C. H. Ramengmawia

Reg no: 2106612

Place of field work: Women Anti-Drug Association (WADA) Date:
23/2/24

Activity/work done:

For the last day, I arrived at 10:00 a.m. Upon arrival, the staff welcomed me I got to observe how syringe exchange was carried out. One of the nurse let me do some recordings of the clients' drop-in for some experience. After all that, I had interaction with the Project Manager and other staff members and asked necessary questions about the institution.

Learning outcome:

I learned about the effects of OST and the duration of the effects and how it cannot be addicted by the clients. I also gained information about how "Injecting Drug Users" (IDU) are more likely to perform unwanted behaviors like theft and unprotected sex than normal individuals.

The nurse also informed me that one of the most commonly prescribed OST is Buprenorphine Sublingual



Figure 4: Women Anti-Drug Association(WADA) Office,Lunglei

SUMMARY OF THE REPORT

The Mizoram Hmeichhe Insuihkhawm Pawl mainly focused on three parts; Injecting drug user (IDU), Migrants and Sexually transmitted infection (STI). They cover 7 locality and they are the only institute in the town to have a task on migrants. They take 8000 sample of HIV and syphilis to the migrants in the town during a one financial year. The sample is taken in Community Base Serenity (CBS) and Integrated counselling and testing centre (ICTC). They also help the clients facing an issue with STI, they help them by medication and therapy.

The Grace society is also the only institute in town where it deals and concern with Men having sex with men (MSM) and Female having sex with women (FSW). The common task with the former institute is the Injecting Drug User. They do provide Ost but apart from that they deal with the FSW and MSM. The institute mainly focus on counselling and therapy, and indeed they are the most dedicated institute among all the institute so far in the town.

The Observation and special home are quite different from the rest of the institute because they do not focus on the IDU, FSW, MSM or any other clients. They mainly work among the child and they are Government recognised child care institution (CCIs) under Social Welfare Department (SWD), Govt. of Mizoram since 2008. They can take only boys 18 years and below. The clients are mainly admitted for stealing case, murder case, rape case etc. They are observed in the Home and during the staying they are given counselling, and case study is also going on. They are provided with all the necessary stuff that they are required and they are not allowed to interact with the family if not very genuine case. They also have a special home for the severs clients.

Lastly, the Women Anit-Drug Association (WADA) mainly concern on the prevention of HIV through the syringe exchange and also providing the IDU an Oral substance therapy (OST) and counselling was also done to the needy clients. They also have their own clinic where doctors come twice a week to check the patients and recheck their Ost dose. They also have a rehabilitation centre where a serious clients are referred. They provide OST and let the clients exchange the used syringe with a fresh syringe.

CONCLUSION

The institutes' general working atmosphere is excellent and they are making great progress and putting a lot of effort to improve society. Despite their individual work styles and diverse tasks, they are united by a common objective – the advancement of society – which unites them into a single cluster and although their plans and techniques may differ, there is no conflict within the institutes. The Project Managers of each institute are putting in a lot of effort, dedicating all of their time to employee assistance and training. The fieldwork provided the interns with a wealth of new experience and informative data about the organization.

LIMITATIONS

1. They need more counsellor who have a psychology background, because in psychology many techniques are learned systematically.
2. The workers need to be more active and follow up should not be neglected.
3. The institution should be more well equipped.