

FIELD WORK REPORT

Submitted by:

VANLALHRIATI HRAHSEL

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Roll No: 2123BA071

Under the Supervision of

R. Lalfamkimi



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*Remi
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**DEPARTMENT OF PSYCHOLOGY
HIGHER AND TECHNICAL INSTITUTE,
MIZORAM
KAWMZAWL, LUNGLEI-796691**

*Checked
L. Kunteikawli
22/4/24*

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(VANLALHRIATI HRAHSEL)

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MHIP DROP-IN CENTRE

Introduction

For the upliftment of Mizo Women in all fields and to help the needy, Mizoram Hmeichhe Insuihkhawm Pawl(MHIP) was established in Aizawl 6th July 1974. It is one of the first statewide women federations in Mizoram. It was established mainly to address the following:

- 1) Women Empowerment
- 2) Promotion of Christian Life
- 3) To Help the Needy

Within 20 years it expanded throughout the state and as of 2015, it has members of

more than 2 Lakhs. Now, it becomes one of the largest civil society organizations in the state. It occupies an important forum in almost all government undertaking public programmes and most of the government facilitated co-ordination committee.

The MHIP Sub-Hqrs Lunglei was established in 1.2.1975 and has its own building in Venglai Lunglei since 1996. As a Voluntary Organisation its sole aim is to "Help Others" and work fervently amongst women and children for their rights, upliftment and socio-economic empowerment. Under the MHIP Sub-Hqrs Lunglei there are 143 branches, one block and three joint MHIP.

Under the Sub-Hqrs the organization is spearheaded by an executive committee member which has 37 members in it. Governance however is performed by an Office Bearers committee which has 6 elected members for 2 years term. Elected OB for 2022-2024 are as follows:

President : Pi Lalliangnuri

Vice President : Pi Zosangi

Gen.Secretary : Pi Dr.H.Lalnunmawii

Asst.Secretary : Pi Lalthangluaii

Treasurer : Pi J.Dengthansangi

Fin.Secretary : Pi Hmangaihzuai

Purpose and Objective:

1. Empowerment women for the development of Mizoram Society and the State to prepare them for higher authority in the government.
2. To reconstruct the status of women in the society and family; and to protect the rights of women.

3. Branches of education like – Handicrafts, looking after family regarding health, better ways of living standard for self sufficiency and to prepare them for taking part in various business and works.
4. To guide and look after children regarding their mental and health eg. Pre primary school, Anganwadi, Creches etc.
5. Recreation center for children, school for handicrafts, games, park and books for children.
6. To carry/ do the duties of women for the development of Mizo Society and the state.
7. To literate illiterate women and to provide education, to provide education for those women having financial problems and to show them their capabilities of work.
8. To unite those who are different in social status, different religion and opposite in political opinion to work for the development of Mizoram.
9. Freedom from violence.
10. To work in cooperation with government for the development of Mizoram.

The Organization annually conduct the following programmes

1. TI Amongst IDU (Funded by MSACS)
2. TI amongst Bridge Population (Migrants)
3. Family Counseling Center under Mizoram State Social Welfare Board
4. Working Girls Hostel
5. ONYX Special School (Differently abled people)
6. IEC and Awareness on Illicit Trafficking of Women
7. Campaigns against substance abuse and HIV
8. Legal Aid Clinic
9. Service Provider

Apart from these specific activities MHIP functions as a crisis Response System especially for women in distress, victims of violence, offence etc. Hence currently it has 80 functionaries under these projects

The supplementary effort is to focus on providing alternative. The MHIP take up AIDS project under Mizoram State AIDS Control from 2001 by opening Drop –in Center. At the beginning the projects focus on Taxi and Richshaw drivers. From 2004 it take up IDU's project the main objective of this project is to minimize and prevent the growth rate of HIV to give awareness to the peoples as much as possible, and now especially to high risk group.

The center targeted to cover 390 IDU's.

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[10:45 am, 27/03/2024] Hriati Hatim: The project today focuses on the high risk group of IDU's. It take up SNEP programme, Condom distribution, IEC materials and pamphlets for the prevention of the spread of AIDS. The center helps the IDU's by providing medical help, refer to the Doctor, and it also gave financial support. The moral life of the client is given importance in this project. The NGO's take up programme for the behavioral strategy is the main step in the project work.

The Organisation also work to contain the HIV/AIDS epidemic amongst migrants and their sexual partners in Lunglei district. The organization has intervened with the migrants population since 2007 only. A total number 5000 migrants are target ed on the current year. Harm reduction with one teacher and 5 supporting staffs.

The special school for spastic person run by the organization is co-facilitated by the Mizoram State social welfare advisory board as well as SCERT, Education Department. In the current year 62 differently abled under different abilities are admitted. It has a trained Principal with one teacher and 5 supporting staffs.

The working girls Hostel is 35 bedded accomodations for women who are pursuing studies or training to training to urban setting from their native rural residence.

As our environment have been facing many changes in various kinds of social life since the last quarter in structure and content.

Thereof,women overcome sufferings in their family, eventually affecting their children anf yields broken family. With the emerging needs of counseling center for women and children, family counseling center was set under MHIP Sub-Hqrs Lunglei. There are two counselor working under FCC and works on the following principles.

1. To Make efforts for reconciliation in the cases of separation and out of court settlement in martial cases.
2. To provide counseling in family maladjustment
3. To provide relief and to assist the unfortunate victims to be in a stable condition as usual
4. To provide counseling to every needed individual and sought a good place for their better adjustment especsilly for the home less children
5. To arrange for suitable rehabilitation services for the victims and their dependents.

Employment Scheme:

- 1) Those who were employed under MHIP should not be office bearer or committee members.
- 2) All recruitment should be done through interview by the executive committee.

3) In case of vocation post by any of the employees, the executive committee has a power to fill up the vacant post. From the wait list drawn up while selecting the candidate through interview.

Women Anti-Drug Association (WADA), Lunglei, Mizoram

Introduction:

Women Anti-Drug Association in short WADA was established in 1996. After the registration, it grew into a big organization and the State Government gave recognition to their activities and functions. It got its funding's from Mizoram State AIDS Control Society (MSACS) to fight HIV and Drugs among Injecting Drug Users of Lunglei and Hnahthial town. The Organization also has a Treatment-Cum-Rehabilitation Centre funded by the Ministry of Social Justice & Empowerment (MSJ&E). The Centre gives a comprehensive program with a three-stage treatment program- Detoxification, De- Addiction and Rehabilitation. It also tries to give patients a holistic care not only in terms of physical but also helps in emotional, mental and spiritual healing. If the patient is more severe than they are taken to Rehabilitation Centre for taking detox and they are kept for at least 3 month.

Missions:

One of the main task and mission of WADA is to fight HIV and Drug among Injecting Drug User of Lunglei and Hnahthial town. They assist the hospital by providing and distributing Opioid substitution therapy (OST) and syringe to the person who are enrolling in their clinic. They try to minimised the dose of drug by providing OST and also prevent the spread of HIV by syringe exchange so that they will not share the syringe with other and in that way, they prevent and control the spread of HIV in different way. They also provide free condom to the patient so that the probability of spreading HIV via sex can be minimised.

Objectives:

- 1) To control the spread of HIV.
 - 2) To help the IDU patient to overcome the addiction by providing them OST.
- Needle Syringe Exchange Program (NSEP).
- 3) Distributing Condoms.
 - 4) Providing Opioid Substitution Therapy (OST).
 - 5) Providing Blood Test for the clients twice annually.
 - 6) Preparing awareness campaigns on issues like HIV/AIDS and drug addiction.
 - 7).To provide need based professional and therapeutic counselling to patient and their families.

TARGET GROUP

Injecting Drug Users (IDU) from areas of Lunglei Chanmari to Tawipui South (10 localities and 4 villages).

GRACE SOCIETY DROP-IN CENTRE

History:

Grace Society is a Church based Organization set up by the Mizoram Baptist Women Fellowship (MBKHP) to address the various social problems existing in the society.

While MBKHP was doing its utmost to combat the increase in crime in the country by establishing 'Chhawmdawlina In', HIV/AIDS took root in Mizoram. Mizoram State AIDS Control Society (MSACS) and MBKHP started working together in August 1999. In October, the baseline survey was conducted among Female Sex Workers (FSW), and training was also conducted. The Targeted Intervention Program was started since 2000. At the same time, R&D, BCM in collaboration with North East India Drugs & AIDS Care (NEIDAC), Shillong stated trainings for BKHP members. Therefore, Grace Society Drop-In Centre was established in collaboration with these two organizations.

Target communities:

- a) Injecting Drug Users (IDU) from areas of Zohnuai, Bazar Veng, College Veng, Electric Veng and Zobawk.
- b) Men having sex with men (MSM) from the whole Lunglei District

LUNGLEI OBSERVATION HOME & LUNGLEI SPECIAL HOME

History:

Lunglei Observation Home and Lunglei Special Home are Government recognized Child Care Institutions (CCIs) run by the Social Welfare Department (SWD), Govt. of Mizoram since 2008. The Home's original name – Remand Home was superseded by Observation Home and Special Home since the execution of the Juvenile Justice (Care and Protection of Children) Act, 2015. Therefore, the home is now officially known as Lunglei Observation Home and Lunglei Special Home as per the JJ Act, 2015 and is presently run by Women and Child Development, Social Welfare Department, Govt. of Mizoram.

Lunglei Observation Home are Government certified Child Care Institutions (CCIs) registered under Section 41 of the Juvenile Justice Care and Protection of Children) Act, 2015.

i) Observation Home is established and maintained in every district for the purpose of temporary reception, care and rehabilitation of any child alleged to be in conflict with law, during the pendency of any inquiry under the JJ Act. The inquiry shall be completed within a period of four months from the date of first production of the child before Juvenile Justice Board (JB) unless the period is extended, for a maximum period of two more months.

Type of Home: Observation Home Capacity: 25(for Boys & Girls) Age Group.: Below 18 years

Staffing: Observation Home

1. Superintendent -1
2. Case Worker -1
3. Counsellor - 1
4. Storekeeper cum Accountant -1
5. PT Instructor - 1
6. House Mother - 1
7. Paramedical Staff - 1
8. Cook - 1
9. Helper - 1
10. House Keeper -1

Objectives :

To provide rehabilitation and social re-integration measures, to ensure proper care, protection, development and treatment of children in conflict with law by keeping in view the best interest of the child in mind.

Services provided:

- a. Case – work through Individual Care Plan (ICP)
- b. Counselling (individual, group, parents)
- c. Medical Assistance
- d. Vocational Training
- e. Sanitation and hygiene
- f. Library
- g. Recreational activities

DAILY FIELD REPORT

Name: Vanlalhriati Hrahse

Registration number: 2106673

Name of organization/institution: WADA Drop-in Centre

Date: 5th February, 2024

The first day of field work had been done by departing from the college at 8:00am and we reach WADA drop in centre at 10:00 am . We first met the project manager Sir Johnny Malsawmliana , we had some introduction and discuss the work to be done .One of the staff told me to distribute Opioid substitution therapy(OST) to the clients. I distributed the OST to 19 clients and distribute syringe to five clients .So basically the first day of field visit work was distributing syringe and OST to the clients .I also help the worker in cleaning the dishes and I prepared tea for them .Before we left one staff told us more about the centre .After the interaction I left the centre at 3:30 pm.

Learning outcome:

It was my first-time visiting Women's Anti-Drugs Association (WADA) Drop-in Centre Lunglei .I learn many new things like how to prepared the Opioid substitution therapy (OST) .I also learn from the workers that it is important to be patient with drug user . It was productive to learn that WADA has many services like Needle-Syringe Exchange Program (NSEP), distributing free condoms, distributing OST, blood-testing.The practical settings of the field was much more equipped with practically .We have known many things about Substance Abuse and drug using . But to actually impart knowledge on the real field ,was such as eye opened for me.



Figure1: With WADA Project Manager(PM)



Figure 2: Recording the clients name who took OST.

DAILY FIELD REPORT

Name: Vanlalhriati Hrahse

Registration number: 2106673

Name of organization/institution: MHIP Drop-in Centre

Date: 12th February, 2024

Activity/Work done:

MHIP Drop-in Centre is located near Saikuti Hall Lunglei. I reached the centre at 10:15am. The staff gave me a warm welcome and after that I met the Project Manager, Sir T. Lalhlhimpui. I had a brief introduction of myself, and after that he continued to give a detailed information about the organization. After that I was helping one of the staff from Migrants Project Office and we recorded some of the work they did in the last weeks.

One of the workers tested my group-mate's blood for free (HIV & Syphilis). After this, I visited the clinic and counseling room, under the guidance of the Nurse and also told me about the Sexually Transmitted Infections (STI). I met the Project Manager again and had a brief interaction. I left the Centre at 3:30 pm.

Learning outcome:

It was my first time visiting the MHIP Drop-in Centre. The main goal of the project is to control and prevent HIV/AIDS, especially among the Injecting Drug Users (IDU). Apart from HIV/AIDS, the project also aims to prevent Sexually Transmitted Infections (STI). I learned from the workers that in some areas, it is difficult for the PEs to have contact with IDU, because their families cannot accept them to be IDU. This may decrease the effectiveness of the PEs' work.

I also know that the centre was providing so many services like Needle Syringe Exchange Program (NSEP), distributing free condoms, and Counseling for the clients. From MHIP Drop-in centre I know about women's contributions to the society, and how significant and appreciable they are to the community.



Figure 2: With MHIP Project Manager(PM)



Figure 3: The intern as she is helping the worker.

GRACE SOCIETY DROP-IN CENTRE

Name: Vanlalhriati Hrahse

Registration number: 2106673

Name of organisation/Institution: Grace Society Drop-In Centre

Date: 19th February, 2024

Activity/Work done:

Grace Society is located in Venglai, Lunglei.

We reach the drop-in centre at 10:00am. For some minutes we waited for the worker because they were having devotion. After that I have an interaction with the worker. At around 11:26 am, the Project Manager Sir Lalhrualtuanga told us to join the meeting and I attended a review/report meeting of FSW (Female sex worker) and MSM (Men having sex with men) Peer Educators. In the meeting they also told me about how they work everyday and their project. In the afternoon we have interaction with the counsellor and told me many things about her experiences. After that I had an interaction with one of the PE about MSM (Men having sex with men) and FSW (Female sex worker). Lastly, I met the Project Manager and he gave me a briefing about the institution. After that I took a photo with the staff and went home at 3:30 pm.

Learning outcome:

In Grace Society Drop-in Centre, having a fieldwork is very productive and I learn so many things from the worker that it is very crucial to work for the drug user and for the FSW (Female sex worker) and MSM (Men having sex with men) in our locality. I was very impressed by how the clients are cared and welcomed by the workers any hour of the day. The Outreach workers gave instructions on how to work more effectively, and even highlighted points for improvement for the upcoming week. This weekly meeting must be an effective and useful way to find new clients, find out those who have HIV/AIDS, and ultimately, to prevent the spread of HIV/AIDS among the target population. From this centre I also learned how OST works, and how it is important to take daily for IDU. I also learned that it is different from Detox Treatment, and can have some minor side effects.

It was fun and comfortable spending a day with the workers. I was also very impressed by their dedication on their own works and roles.



Figure 3: With Grace society Project Manger, Counsellor and Peer Educator

DAILY FIELD REPORT

Name: Vanlalhriati Hrahse

Registration number: 2106673

Name of organization/institution: Lunglei Observation Home

Date: 26th February, 2024

Activity/workdone:

The last day of the field work had been done by departing from the college at 9:00am. Lunglei Observation Home is located in Kawmzawl, near Eklavya School. I reached the place at 9:45. Some of the workers had not arrived yet, as I was a little bit early. I was warmly welcomed by the house mother and waiting for the other workers to arrive. At around 10:20am, I met the Case-worker of the institution inside the office and have interaction. She provided a detail information about the institution, and about the children who were admitted in the institution. After the interaction I went inside the main campus, where I was accompanied by the Case worker. I visited their kitchen and some of their rooms. I had an interaction with the clients who were being admitted in the observation home.

I had a lunch with the workers. After lunch, I had a short interaction with the Caseworker again and had a fruitful and a productive time there and left the institution at 3:00pm.

Learning outcomes:

Going to observation home, give me an immense benefit about life, importance of family and most of all in my studies in psychology more practically in counselling. Basically, observation home is for under age, male category and so I came to know many of the children or committing crime, adultery and also engage in stealing, sex and all these things that they had done is not because of their choices, but because of their environment is too worst and that it pushed them from inside. The intangible force pushes them. For example, one of the clients who is 15 years old was stealing a cell phone because he wants to play a mobile game like his friends, but his parents were divorcing and so their family is broken and due to which he could not have a cell phone like his friends, and so he had the tendency to steal the other phone and play video game. Some of them are very good yet. They are here because of unfortunate; they really need care and love and guidance to be on the right track. It also gives me a knowledge that some of them are more feeling good and feeling free in the home more than in their real home because in the real home they don't get love. They don't get a good food and care like the case workers and the counsellor gave them the home. So, some of the clients are more comfortable in the special home.



Figure4: With Observation Home Workers

SUMMARY OF THE REPORT

The institute like WADA, MHIP and Grace Society mainly work for the society to eradicate the spreading of HIV/AIDS. Different institute have different ways, technique, plan and strategies as to how to deal with the clients and how to approach them and also, they differ in their task. Some institute focus only to Injecting Drug User (IDU) and some institute focus on Migrants, Sexually Transmitted Infections (STI) and Injecting Drug User (IDU) and some institute focus mainly on the child care and so on. The Women Anti-Drug Association (WADA) mainly concern on the prevention of HIV through the syringe exchange and also providing the IDU an Oral substance therapy (OST) and counselling was also done to the needy clients. They also have their own clinic where doctors come twice a week to check the patients and recheck their Ost dose. They also have a rehabilitation centre where a serious clients are referred. They provide OST and let the clients exchange the used syringe with a fresh syringe. The MHIP Drop in Centre mainly focused on three Targeted Intervention; Injecting drug user (IDU), Migrants and Sexually Transmitted Infections (STI). They cover 7 locality and they are the only institute in the town to have a task on migrants. They take 8000 sample of HIV and syphilis to the migrants in the town during a one financial year. The sample is taken in Community Base Serenity (CBS) and Integrated counselling and testing centre (ICTC). They also help the clients facing an issue with STI, they help them by medication and therapy. The Grace society is also the only institute in town where it deals and concern with Men having sex with men (MSM and Female having sex with women (FSW). The common task with the former institute is the Injecting Drug User. They do provide Ost but apart from that they deal with the FSW and MSM. The institute mainly focus on counselling and therapy, and indeed they are the most dedicated institute among all the institute so far in the town. Lastly, the Observation and special home are quite different from the rest of the institute because they do not focus on the IDU, FSW, MSM or any other clients. They mainly work among the child and they are Government recognised child care institution (CCIs) under Social Welfare Department (SWD), Govt. of Mizoram since 2008. They can take only boys 18 years and below. The clients are mainly admitted for stealing case, murder case, rape case etc. They are observed in the Home and during the staying they are given counselling, and case study is also going on. They are provided with all the necessary stuff that they are required and they are not allowed to interact with the family if not very genuine case. They also have a special home for the severe clients.

CONCLUSION

The overall working environment of all the institute is remarkably good and the workers are really trying their utmost and worked hard for the betterment of the society and the state. Even though they are working independently and having all different task yet their main goal i.e., betterment of the society put them together in one cluster. They may have different strategies and plan but they don't conflict among the institute. All the Project Manager (PM are working really hard for the institute and they give almost all of their time for training and assisting all the workers. It can also be concluded that most of the clients that we have experience in our field work, the issues that they have mainly emerged from family problem. From the field work, i came to know how the important it is for a family to live together in harmony as almost all the clients are from broken family. To be substance free, one need mental and emotional support from their first community ie: the family.

LIMITATIONS

- 1.They need more counsellor who have a psychology background, because in psychology many techniques are learned systematically.
- 2.The workers need to be more active and follow up should not be neglected.
- 3.The institution should be more well equipped.